

CEGIN LLANELLI

LLANELLI'S NEW COMMUNITY COOKALONG

Your Invitation to Join Us!



CEGIN Y BOBL

JOIN US

Friday, 12th December 2025, 3PM - 5PM
Antioch Centre, Llanelli

Come along for a free hot meal, meet the team leading Cegin Llanelli, connect with your community, and find out how to get involved. Meals are provided on a first-come, first-served basis.

On the school run? - Drop in for a delicious and nutritious home cooked meal.

GET INVOLVED

Are you a keen cook and interested in getting involved. We're looking for volunteers to join the Cegin y Bobl chefs and get hands-on with the cooking.

Email helo@ceginybobl.co.uk

