



YSGOL GYMUNEDOL TRIMSARAN

'Gwnawn ein gorau glas'

Heol Waunyclun, Cydweli, Sir Gâr, SA17 4BE

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26.09.2024

Annwyl Riant/Gwarcheidwad,

Mae ein hysgol yn cymryd rhan yn Her Cerdded i'r Ysgol **Camau Bach / Camau Mawr** ym mis Hydref!

Mae'r her gyffrous hon, sy'n cael ei chynnal ledled y sir, yn annog plant i gerdded, beicio, sgwtera neu Barcio a Chamu ar eu taith i'r ysgol bob dydd. Byddwn yn cofnodi faint o ddisgyblion sy'n cyrraedd yr ysgol drwy deithio llesol a chymryd rhan mewn gweithgareddau hwyliog ar hyd y ffordd.

Mae ysgolion Sir Gar yn cystadlu yn erbyn ei gilydd a bydd yr ysgol fuddugol yn ennill arian.

Bydd yr her yn cael ei chynnal dros bythefnos:

Wythnos 1: 6ed o Hydref tan 10fed o Hydref.

Wythnos 2: 13eg o o Hydref tan 17eg o Hydref.

Sut y gallwch chi helpu:

- Annog eich plentyn i gerdded neu olwyno i'r ysgol bob dydd
- Os ydych chi'n gyrru, ystyriwch barcio 5-10 munud i ffwrdd a cherdded gweddill y daith
- Siaradwch â'ch plentyn am ddiogelwch ar y ffyrdd a manteision teithio llesol

Gyda'n gilydd gallwn leihau traffig, aros yn egnïol, a chreu amgylchedd ysgol mwy diogel. Diolch ichi am eich cymorth,

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Dear Parent/Guardian,

Our school is taking part in **Camau Bach / Camau Mawr – Walk to School Challenge** this October!

This exciting county-wide challenge encourages children to walk, cycle, scoot or Park & Stride on their journey to school each day. We'll be recording how many pupils arrive at school using active travel and taking part in fun activities along the way.

Carmarthenshire schools are competing against each other and the winning school will receive money.

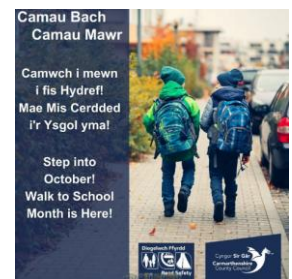
The challenge will take place over two weeks:

Week 1: 6th of October to 10th of October.

Week 2: 13th to 17th October.

How you can help:

- Encourage your child to walk or wheel to school each day
- If you drive, consider parking 5-10 minutes away and walking the rest
- Talk to your child about road safety and the benefits of active travel



Together we can reduce traffic, stay active, and create a safer school environment. Thank you for your support,

Yn gywir/Yours sincerely,

Steffan Jones

Pennaeth/Headteacher



Pennaeth / Head: Mr Steffan Jones
Dirprwy Bennaeth / Deputy Head: Mr Tomos Jones