

Annwyl Riant/ Gwarcheidwad

**Ynghylch: Llysgennad Chwaraeon Ifanc / Young Sports Ambassadors**

Mae ysgol eich plentyn yn rhan o fenter sydd â'r nod o ysbrydoli pobl ifanc i fod yn fodelau rôl da ac yn arweinwyr trwy chwaraeon fel y gallant ddylanwadu ar eraill i gymryd rhan mewn mwy o chwaraeon a gweithgarwch corfforol yn yr ysgol a'r tu allan i'r ysgol. Enw'r symudiad yw 'Llysgenhadon Chwaraeon Ifanc' ac mae plant wedi'u dewis o ysgolion cynradd (Efydd) ac uwchradd (Arian ac Aur) ledled Cymru i annog mwy o blant i fod yn fwy egnïol yn amlach.

Rwy'n siŵr y byddwch wrth eich bodd o glywed bod eich plentyn wedi cael ei gydnabod gan yr ysgol yn fodel rôl da o ran chwaraeon a'i fod wedi'i ddewis yn Llysgennad Chwaraeon Ifanc i'r ysgol. Fel Llysgennad Chwaraeon, bydd yn cael cyfle i gynllunio ac arwain gweithgareddau i'w gyfoedion, gweithio fel tîm ac ysbrydoli mwy o blant i fod yn egnïol.

Bydd y Tîm Cymunedau Actif, ynghyd â'r ysgol, yn rhoi gwybodaeth a dealltwriaeth i'ch plentyn am fod yn arweinydd da, sut y gall drefnu ac arwain sesiynau i'w helpu i fod mor hyderus ag y gall fod o fewn ei rôl. Gwneir hyn drwy hyfforddiant (drwy fodiwlau e-ddysgu y gellir eu gwneud yn yr ysgol neu gartref), seswim hyfforddiant ymarferol, cymorth parhaus a mentora ei ddarpariaeth ymarferol.

Gobeithiwn y byddwch yn cefnogi eich plentyn a'r ysgol yn y fenter gyffrous hon ac yn wneud yr ysgol yn ymwybodol bod chi'n rhoi caniatâd i'ch plentyn fod yn Llysgennad Chwaraeon wrth llenwi'r linc isod

<https://app.upshot.org.uk/survey/11dca10b/9901/70517371/>

Hwyl ar y chwarae,

Swyddog Pobl Ifanc Egnïol

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Your child's school is part of an initiative that aims to inspire young people to become role models and leaders through sport so that they can influence others to take part in more sport and physical activity in and out of school. The movement is called 'Young Sports Ambassadors' and children have been selected from both primary (Bronze) and secondary schools (Silver and Gold) across Wales to encourage more children to be more active more often.

I'm sure you will be delighted to hear that your child has been recognised by the school as a good sporting role model and has been selected as a Young Sports Ambassador for the school. As a Sports Ambassador they will have the opportunity to plan and lead activities to their peers, work as a team and inspire more children to be active.

The Actif Communities Team, along with the school will provide your child with the knowledge and understanding of a good leader, how they can organise and lead sessions to help them become as confident as they can be within their role. This will be done through training (through e-learning modules that can be done in school or at home), in person training session, ongoing support and mentoring their practical delivery.

We hope you will support your child and the school in this exciting initiative, by informing the school you consent to your child being a young ambassador by completing this link –

<https://app.upshot.org.uk/survey/11dca10b/9901/70517371/>

Yours in sport,

Actif Young People Officer