

## Carmarthenshire School Catering Service Primary Summer Menu

Our menu runs from w/c 2nd June to 24th October 2025



### Week 1

2nd June / 23rd June / 14th July / 1st September  
/ 22nd September / 13th October

Monday

**Main Meal:** Margarita Pizza (V)

**Side Dishes:** Seasoned Cubed Potatoes, Sweetcorn and Peas

**Daily Salad Choice:** Beetroot Salad

**Dessert:** Strawberries and Ice Cream

Tuesday

**Main Meal:** Beef Bolognese or Vegetarian Bolognese (V)

**Side Dishes:** Pasta and Garlic Bread, Mixed Vegetables and Broccoli

**Daily Salad Choice:** Mixed Salad

**Dessert:** Flapjack, Sliced Banana and Glass of Welsh Milk

Wednesday

**Main Meal:** Roast Turkey or Quorn Fillet (V)

**Side Dishes:** Stuffing, Mashed Potato, Carrots, Cabbage and Gravy

**Daily Salad Choice:** Mixed Salad

**Dessert:** Chocolate Flavoured Cookie and Orange Wedges

Thursday

**Main Meal:** Fajita Chicken Wrap or Jacket Potato with Beans & Cheese (V)

**Side Dishes:** Mixed Rice, Sweetcorn and Vegetable Batons

**Daily Salad Choice:** Mixed Salad

**Dessert:** Vanilla Flavoured Muffin and Mixed Fruit Wedges

Friday

**Main Meal:** Breaded Salmon Fillet or Pollock Fish Fingers or Quorn Dippers (V)

**Side Dishes:** Chips or Potatoes, Baked Beans and Peas

**Daily Salad Choice:** Mixed Salad

**Dessert:** Crackers, Cheese and Apple Wedges

We offer fresh fruit as an alternative to our daily dessert option. We also provide jugs of drinking water in our dining halls to promote good hydration with pupils. Food allergies - please contact your school cook for information regarding the content of our recipes and products on our menu. Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause.

(V) = Vegetarian Option



For further information in relation to school meals visit our website: [carmarthenshire.gov.wales](http://carmarthenshire.gov.wales)

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### Week 2

9th June / 30th June / 21st July / 8th September  
/ 29th September / 20th October

Monday

**Main Meal:** Beef Pasta Bake or Mac & Cheese (V)  
**Side Dishes:** Garlic Bread, Cauliflower and Broccoli  
**Daily Salad Choice:** Carrot Salad  
**Dessert:** Shortcake Biscuit and Orange Wedges

Tuesday

**Main Meal:** Chicken Korma or Vegetable Korma (V)  
**Side Dishes:** Mixed Rice and Naan Bread, Peas and Sweetcorn  
**Daily Salad Choice:** Mixed Salad  
**Dessert:** Rice Krispie Cake, Apple Wedges and Glass of Welsh Milk

Wednesday

**Main Meal:** BBQ Pulled Pork in a Roll/Wrap or Quorn Fillet in a Roll (V)  
**Side Dishes:** Potato Wedges, Cheese Coleslaw and Diced Cucumber  
**Daily Salad Choice:** Mixed Salad  
**Dessert:** Rice Pudding and Peaches

Thursday

**Main Meal Midday Brunch:** Omelette and Welsh Pork Sausage/Pattie or Vegetable Sausage (V)  
**Side Dishes:** Seasoned Cubed Potatoes, Baked Beans and Chopped Tomatoes  
**Daily Salad Choice:** Mixed Salad  
**Dessert:** Welsh Yoghurt Fruit Sundae (made with Llaeth Y Llan Yoghurt)

Friday

**Main Meal:** Fish Bites or Hot Cheese & Tomato Wrap (V)  
**Side Dishes:** Chips or Potatoes, Peas and Vegetable Batons  
**Daily Salad Choice:** Mixed Salad  
**Dessert:** Chocolate Brownie, Sliced Banana and Glass of Welsh Milk

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### Week 3

16th June / 7<sup>th</sup> July /  
15<sup>th</sup> September / 6<sup>th</sup> October

Monday

**Main Meal:** Breaded Chicken Wrap or Mixed Bean Burrito (V)

**Side Dishes:** Mixed Rice, Sweetcorn and Peas, Salsa or Mayonnaise

**Daily Salad Choice:** Beetroot Salad

**Dessert:** Chocolate Flavoured Sponge, Orange Wedges and Glass of Welsh Milk

Tuesday

**Main Meal:** Pork & Carrot Meatballs or Tomato Pasta Bake (V)

**Side Dishes:** Pasta and Tomato Sauce, Garlic Bread, Green Beans and Cauliflower

**Daily Salad Choice:** Mixed Salad

**Dessert:** Peaches and Welsh Llaeth Y Llan Yoghurt

Wednesday

**Main Meal:** Roast Beef or Quorn Fillet (V)

**Side Dishes:** Yorkshire Pudding, Mashed Potato, Carrots, Cabbage and Gravy

**Daily Salad Choice:** Mixed Salad

**Dessert:** Cornflake Cake and Apple Wedges

Thursday

**Main Meal:** Cheese & Tomato Pizza (V)

**Side Dishes:** Seasoned Cubed Potatoes, Sweetcorn and Vegetable Batons

**Daily Salad Choice:** Mixed Salad

**Dessert:** Pancake, Sliced Banana and Glass of Welsh Milk

Friday

**Main Meal:** Pollock Fish Finger or Quorn Burger (V)

**Side Dishes:** Chips or Potatoes, Baked Beans and Peas

**Daily Salad Choice:** Mixed Salad

**Dessert:** Pineapple Sundae

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