



YSGOL GYMUNEDOL TRIMSARAN

'Gwnawn ein gorau glas'

Heol Waunyclun, Cydweli, Sir Gâr, SA17 4BE

Ffôn/Phone: 01554 810670

Ebost/Email: admin@trimsaran.ysgolccc.cymru

Gwefan/Website: www.ysgoltrimsaran.org.uk Instagram: @YsgolTrimsaran

07.09.2026

Dear Parents and Carers,

Family Cook Club- Provided by Cegin y Bobl

We are delighted to offer a Family Cook Club on the following Thursdays:

- 1 October
- 15 October
- 22 October

There will be two sessions available on each date:

- 1:00–2:00pm
- 3:00–4:00pm

The club offers parents and carers a special opportunity to come into school and cook alongside their child. It will be a fun, hands-on experience and a lovely chance to spend time learning and cooking together during the school day. The sessions will also encourage children to try new foods and help them learn how to prepare meals from scratch.

If you would like to take part, please complete the enrolment form using the link below:

<https://forms.gle/2gUqAdvEr8QjUeXd7>

Places may be limited, so we encourage you to register as soon as possible.

If you have any questions, please do not hesitate to get in touch.

Kind regards.

Tomos Jones

Deputy Headteacher



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Annwyl Rieni a Gofalwyr,

Clwb Coginio i'r Teulu- darparir gan 'Cegin y Bobl'

Mae'n bleser gennym gynnig Clwb Coginio i'r teulu ar y dyddiadau canlynol:

- Dydd Iau, 1 Hydref
- Dydd Iau, 15 Hydref
- Dydd Iau, 22 Hydref

Bydd dau sesiwn ar gael ar bob dyddiad:

- 1:00–2:00yp
- 3:00–4:00yp

Bydd y clwb yn cynnig cyfle arbennig i rieni a gofalwyr ddod i'r ysgol i goginio gyda'u plentyn. Bydd yn brofiad ymarferol a hwyliog, ac yn gyfle hyfryd i dreulio amser yn dysgu a choginio gyda'ch gilydd yn ystod y diwrnod ysgol.

Os hoffech gymryd rhan, llenwch y ffurflen gofrestru drwy ddefnyddio'r ddolen isod:

<https://forms.gle/2gUqAdvEr8QjUeXd7>

Mae'n bosibl y bydd nifer y lleoedd yn gyfyngedig, felly rydym yn eich annog i gofrestru cyn gynted â phosibl.

Os oes gennych unrhyw gwestiynau, mae croeso i chi gysylltu â ni.

Cofion gorau,

Tomos Jones

Dirprwy Bennaeth