

FAMILY COOKALONG

HALF TERM FUN
TUESDAY 26TH MAY
ANTIOCH CENTRE, LLANELLI

FREE
OR PAY WHAT
YOU CAN

**BRING THE KIDS TO COOK
UP SOME DELICIOUS AND
NUTRITIOUS FOOD!**

**GUIDED BY CHEFS FROM WELSH
CHARITY CEGIN Y BOBL**

**3 SLOTS TO CHOOSE FROM:
10-11AM, 12-1PM OR 2-3PM**

BOOKING ESSENTIAL

**SIGN UP: HELO@CEGINYBOBL.CO.UK
CEGINYBOBL.CO.UK @CEGIN_Y_BOBL**



 **CEGIN Y BOBL**

Supported by



With thanks to

Antioch

COGINIO GYDA'R TEULU

HWYL HANNER TYMOR
DYDD MAWRTH 26AIN MAI
CANOLFAN ANTIOCH, LLANELLI

AM DDIM
NEU TALWCH BETH
Y GALLWCH



DEWCH Â'R PLANT I
GOGINIO BWYD BLASUS
GO IAWN!

DAN ARWEINIAD COGYDDION O
ELUSEN GYMREIG CEGIN Y BOBL

3 SLOT I DDEWIS:
10-11YB, 12-1YH, NEU 2-3YH

ARCHEBU'N HANFODOL

COFRESTRWCH: HELO@CEGINYBOBL.CO.UK
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 **CEGIN Y BOBL**

Weddi gefnogi gan



Gyda diolch i

 Antioch